

THE ABC OF CONDITIONS LEADING TO UNCONSCIOUSNESS

CONDITION	APPEARANCE						BREATHING				CIRCULATION				OTHER POSSIBLE SIGNS AND SYMPTOMS
	Pale	Cold	Moist	Blue	Flushed	Dry	Fast	Shallow	Slow	Noisy	Fast	Weak	Slow	Full	
ANAPHYLACTIC SHOCK					✓	✓	✓			✓	✓			✓	Blotchy rash, facial swelling, puffiness
COMPRESSION					✓	✓			✓	✓			✓	✓	Unequal pupils, intense headache, hot face, one-sided paralysis
EPILEPSY				✓	✓	✓									Convulsions, incontinence
HEAT STROKE					✓	✓			✓	✓			✓	✓	Hot skin, high temperature
STROKE					✓	✓			✓	✓			✓	✓	Severe headache, slurred speech, weakness, paralysis
HYPERGLYCAEMIA						✓			✓	✓			✓	✓	Slow onset, acetone odour on breath
CONCUSSION	✓	✓	✓				✓	✓			✓	✓			Dizziness, amnesia, mild headache, nausea, vomiting
HYPOGLYCAEMIA	✓	✓	✓				✓	✓			✓			✓	Hunger, belligerence, confusion, disorientation
FAINT	✓	✓	✓						✓				✓		
HEART ATTACK	✓	✓	✓	✓			✓	✓			✓	✓			Severe chest pain, nausea, breathing difficulty, profuse sweating
HEAT EXHAUSTION	✓	✓	✓				✓	✓			✓	✓			Headache, nausea, cramps, dizziness, confusion
HYPOTHERMIA	✓	✓				✓		✓	✓			✓	✓		Shivering, confusion, apathy. Lethargy.
SHOCK	✓	✓	✓				✓	✓			✓	✓			Nausea, thirst, weakness, anxiety, aggression ✓✓

